# IN THIS ISSUE



- Employee News
- Employee Milestones
- TCI Annual Picnic
- Department Spotlight: Retrofit
- Birthday Bandit
- Florida Fun Tips
- Top Gun
- Golden Wrench Winners
- TCI Gives Back
- Safety Corner
- HR Corner

## **Employee News**



Gil Crespo's (Service) granddaughter Isabella was born on March 21st at 7:14pm. Isabella weighed 7lbs, 14oz. Congrats Grandpa Gil!



Debbie Desharnais rode 52 miles this year with Team Moss in the Dolphins Cancer Challenge. This is the 5<sup>th</sup> year that she has participated. The ride started at FAU and ended at the Hard Rock Stadium. The ride raised \$3,109,388.00 and had 2,867 participants this year. Since the inception in 2010, the rides have raised \$22,503,109.00 for the Sylvester Cancer Center.



Mark McInnis (Service) has baby number 2 on the way! We are so excited for you and your family!

## **Employee Milestones: First Quarter**



20 Years:

Kevin Stouky **10 Years:** 

Mark McInnis, Norelvys Montelongo

5 Years:

Ken Kallal, Chris Mangin, Grevy Marcelin, Gerrie Marshall

Thank your for your service and dedication!

If you have any suggestions for future newsletters please feel free to contact the newsletter committee by sending an email to newsletter@thermalconcepts.com.

A Newsletter for the Thermal Family of Companies







# **2018 Annual Company Picnic**

Once again the annual company picnic was a success! There was delicious food, a lot of fun games for all ages, music, and tons of prizes given out! Thank you to everyone who helped make this day happen!







































## **Department Spotlight: Retrofit**



The retrofit department has been very busy working on their latest projects.

Broward college building 33: The retrofit department moved 2 - 400 ton existing chillers to a new chiller plant along with a new piping pumps.



Level 3: Retro removed a 400 ton chiller and replaced it with a new 400 ton chiller using a 500 ton crane. The job was piped in and running in less than 48 hours from start to finish.

Bayview Corporate office: Retro replaced 8 air handler units (2 per weekend). 2 -100% outside fresh air unit and 1-250 ton Daikin McQuay magnetic chiller.



University Place: Retro replaced a 250 ton chiller, 4 air handlers and 6 pumps.

Retro is also branching out by selling 3 CRAC units for the Century Link facility unit out of Jacksonville, FL.

Great Job Retro!!







## <u>TCI Birthday Bandit</u>



















be next!











### **Natural Attractions in Florida...**



Falling Waters State Park, Chipley

This 171-acre park features the tallest waterfall in the state by far, at over 70 feet tall. Indian warriors used the sinkholes as hideouts in the Seminole War. Visitors today will enjoy the fishing, swimming and hiking, and ending the day gathered around their famous campfires. For a more impressive visit, come after heavy rainfall.



**Big Shoals State Park, White Springs** 

Big Shoals is located approximately a mile east of White Springs, FL, and home to the largest whitewater rapids in Florida. If thrill-seekers come at the right time, they can kayak down the Suwanee in class III whitewater rapids. It's also a terrific hiking spot.



Florida Caverns State Park, Marianna

The Florida Caverns are a natural wonder because air-filled caves are not as common here as they are across the country. Most of our caves can only be explored underwater, which requires special training. That's why we believe the Florida Caverns deserves special mention, as they are the only air-filled caves in Florida that offer tours for visitors. The state park named for the caverns is in the panhandle, and it's definitely worth a visit.



John Pennekamp Coral Reef State Park, Key Largo

John Pennekamp Coral Reef State Park is one of the best places in Florida to see our living reef and all kinds of marine life. Even if you can't or don't want to get in the water, it's still possible to explore this magical world with a glass-bottom boat tour.



**Crystal River** 

Most Floridians feel a special affection for the gentle (and in our opinion, adorable) manatee. Crystal River is the only place in Florida you can legally have a guided up-close encounter with the playful and curious marine mammals.



**Blowing Rocks Preserve Hobe Sound** 

Large rock formations are not what most people think of when they think of Florida beaches, but we do actually have some rocky coastline. The formations found at this preserve on Jupiter Island in Hobe Sound are the largest of their kind on Florida's east coast. The ocean spray hitting the rocks can be sent up to 50 feet in the air, which is how they got their name.

## ...Exciting Ideas for Your Next Road Trip!



Blue Grotto Dive Park, Williston

Crystal clear blue waters make the experience similar to that of diving in the tropics. If you're an experienced diver or diving for the very first time, you'll enjoy this hidden gem scuba park. For first-time divers who dive with an instructor, The Blue Grotto offers a unique atmosphere of learning without the stress of the ocean. With consistent water temperatures throughout even the offseason, The Blue-Grotto offers a more enjoyable experience no matter the time of year. The Blue Grotto even offers cavern dives for more experienced divers who wish to explore more of the grotto's depth.



Florida offers an array of kayaking hotspots, with Wekiwa Springs, Weeki Wachee Springs and Juniper Run in the Ocala National Forest offering some of the best. Get Up and Go Kayaking offers see -through kayak adventure through Rock Springs in Apopka, while John Pennekamp Coral Reef State Park in Key Largo offers a chance to explore thick mangroves and open channels.



There are plenty of places with swimming holes in Florida, as the state boasts more than 700 natural freshwater springs. Weeki Wachee Springs State Park pairs crystal clear waters with a fascinating mermaid show, while **Rainbow Springs State Park** features cascading waterfalls alongside its five main springs. Ginnie Springs in High Springs is one of the clearest swimming holes in the state, **Ichetucknee** Springs State Park is a secluded spot perfect for tubing, and Blue Springs Park is a family-friendly area with a diving dock.



Devil's Den, Wiliston

Devil's Den has an ethereal beauty that reminds you how lucky we are to live in our state. This unique prehistoric spring is covered by a karst window that lets in a stream of sunlight, like a spotlight into the clear, blue water below. Visitors must be scuba diving or snorkeling to explore here.



**Dry Tortugas National Park** 

These exotic ruins are located on a small island about 70 miles from Key West. This massive brick fortress is unlike anything you've ever seen before. In fact, it is the largest masonry structure in the entire Western Hemisphere.

Despite its impressive size, this abandoned 19th-century fort was actually never completed. Fort Jefferson may be huge and desolate, but its stunning surroundings make this historic fortress hauntingly beautiful.

Other reasons to visit this popular national park include swimming, kayaking, and snorkeling in the crystal-clear sapphire waters that surround the fort as far as the eye can see. The island is surrounded by the unique and fascinating wildlife that inhabits Florida's coral reef. The island can only be visited by boat or seaplane, and although camping is permitted, there are no modern amenities on the island. This lonely spot is, however, one of the most magical places in the state for stargazing.

## **Top Gun Award**

Do you know of an employee who is always going above and beyond for the company? If you do, you should consider nominating them for a Top Gun Award.

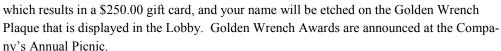
#### A little bit about the Top Gun Award:

Top Gun is an award that any employee at TCI, Roth, or Merlin can win. This is the third year of the Program. The Top Gun designee receives a fitted ball cap with their name, company, and



"Top Gun for Service Excellence" embroidered on it. The color of the hat changes each year.

In addition, once you receive a Top Gun Award in any year, your name will be eligible for the "Golden Wrench" Award. Three Top Gun recipients are selected by Larry Maurer to receive this Award



Any employee can be nominated for a "Top Gun Award". Nominations are sent to Allen Irvine who spearheads the program. He confers with the Owner and Executive Team for selections. Typically, nominations come from a customer who sends a letter or email that comments on outstanding performance or service excellence. Also, written communications can come from TCI executives or fellow personnel who observe "service excellence". Send nominations to Allen Irvine.

There are no limitations on the number of nominations or the number of Top Gun Hats presented annually. However, only 3 Golden Wrench winners are chosen annually.



#### **Congratulations to the 1st Quarter Winners:**



Christian Castro (Service) Cory Romaniuk (Service)





Victor Sanchez (Service)



Ben Turner (Service)

Not Pictured: Luis Guzman (Service), Joey Paradiso (Merlin), Osnay Rodriguez. (Service) Victor Sanchez (Service),

## Golden Wrench Winners









Congratulations to this year's Golden Wrench Winners David Raiman, Ben Turner, and Ana Velez!

In order to be eligible to win a Golden Wrench Award, you have to have been chosen for a Top Gun throughout the year. At the end of the year, Larry Maurer chooses 3 Golden Wrench Winners.

## <u>Giving Back to the Community:</u>

## **Wands for Wildlife**

**Donate Old Mascara Wands to Help Animals!** 



vww.TheCouponingCouple.com

Recycle your old mascara wands for a great cause! Wands for wildlife uses old mascara wands to remove fly eggs and larva from the fur of wild animals.

There is a donation box at the front desk. Simply wash the remaining mascara off your old wand and drop it in the box.

If you are interested in doing more for this cause, visit <a href="www.appalachianwild.org/wands-for-wildlife.html">www.appalachianwild.org/wands-for-wildlife.html</a>.

Special thank you to Dawn Levy for coordinating this here at TCI!

TCI has adopted a portion of Griffin Road just east of University. All TCI employees and their family members are welcome to help with the highway clean up's. You can expect to have some fun with your fellow co-workers while also doing your part for the community. Service hours are also given to any students in need! Our next Adopt-A-Highway cleanup date will be announced soon. See John Hall in the warehouse for more information.



#### **Gerrie's Safety Corner**

The combination of heat and humidity can be serious health threat during summer months. Working outside, as most of us here at Thermal do, increases your risk for heat related illnesses. There are THREE kinds of major heat-related disorders. Heat Cramps, Heat exhaustion and Heat Stroke. Take precautions and know the signs.

#### 8 Precautions:

- Drink Small amounts of water frequently.
- Wear light colored, loose fitting, breathable clothing-cotton is a good example.
- Take frequent short breaks in the cool shade
- Eat smaller meals before work
- Avoid caffeine and alcohol or large amounts of sugar.
- Work in the shade /if necessary to work in the sun wear protective covering such as a floppy hat.
- Check with your health care provider to make sure its ok to take your medications in the heat.
- Know that equipment such as respirators or work suits can increase heat stress.

#### 8 Signs of Heat Overexposure:

- Heavy sweating -- though if heat stroke sets in, the body can no longer compensate and stops sweating.
- Pale skin.
- Muscle cramps.
- Feeling tired and weak.
- Altered mental status (confusion or disorientation).
- Headache.
- Becoming semi-conscious or passing out.
- Nausea or vomiting.

#### 1st Quarter Safety Stats:

#### **Injuries for the Quarter:**

3

#### **Total Work Hours:**

118,441

Remember to be cautions of potential hazards around you. Take a moment to check out your work area for anything that could potentially cause you or someone else an injury.



#### **HR Corner**

# Healthiest You: A Free Employee Benefit You SHOULD Be Taking Advantage Of!

Skip appointments, waiting rooms, co-pays, and more waiting!

With this app that is <u>100% free to all employees</u> you can speak to a doctor over the phone, receive a diagnosis and have a prescription sent to a pharmacy of your choice all within minutes.

Doctors are available 24 hours per day / 7 days per week / 365 days per year.

See Staci in HR for more information and for download / set up instructions.



